

---

## RESPeRATE's Peer-reviewed Articles :

- [1] "Treating hypertension with a device that slows and regularizes breathing: A randomised, double-blind controlled study." Schein M, Gavish B, Herz M, Rosner-Kahana D, Naveh P, Knishkowsky B, Zlotnikov E, Ben-Zvi N, Melmed RN. *Journal of Human Hypertension*; 2001, 15:271-278.
- [2] "Breathing-control lowers blood pressure." Grossman E, Grossman A, Schein MH, Zimlichman R, Gavish B. *Journal of Human Hypertension*; 2001, 15:263-269.
- [3] "Device-guided breathing exercises reduce blood pressure - Ambulatory and home measurements." Rosenthal T, Alter A, Peleg E, Gavish B. *American Journal of Hypertension*; 2001, 14:74-76.
- [4] "Nonpharmacologic Treatment of Hypertension by Respiratory Exercise in the Home Setting." E Meles, C Giannattasio, M Failla, G Gentile, A Capra, G Mancina. *American Journal of Hypertension*; 2004, 17:370-374.
- [5] "Graded Blood Pressure Reduction in Hypertensive Outpatients Associated with Use of a Device to Assist with Slow Breathing." W Elliott, J Izzo, Jr., WB White, D Rosing, CS Snyder, A Alter, B Gavish, HR Black. *J Clin Hypertens*; 2004 6(10): 553-559.
- [6] "Non-Pharmacological Treatment of Resistant Hypertensives by Device-Guided Slow Breathing Exercises." Viskoper, R, Shapira, I, Priluck, R, Mindlin, R, Chornia, L, Laszt, A, Dicker, D, Gavish, B, Alter, A. *American Journal of Hypertension*; 2003; 16:484-487.
- [7] "Blood pressure reduction with device-guided breathing: pooled data from 7 controlled studies." W.J. Elliott, H.R. Black, A. Alter, B. Gavish. *Journal of Hypertension*; 2004, 22(2):S116.
- [8] "Respiration and Blood Pressure." Parati G, Izzo JL Jr, Gavish B., Third Edition. JL Izzo and HR Black, Eds. Baltimore, Lippincott, Williams, and Wilkins in *Hypertension Primer*, 2003, Ch. A40, p117-120.